

## Anti-Bullying Policy

2024

**Our school Vision:** Building Empowered Learners for Life

**Our 3 Universals:** *We Aim High, We are Responsible, We are Resilient*

### Rational

At Christies Beach Primary we believe that all members of the school community are entitled to a safe, secure and caring environment. We provide a positive culture where bullying, harassment and violence is not accepted.

### A definition for bullying:

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Single incidents are not defined as bullying. Bullying of any form or for any reason can have long-term effects on those involved, including bystanders. Bullying results in pain and distress to the victim.

### Bullying can be:

- **Emotional:** being unfriendly, excluding, tormenting (hiding books, threatening gestures, pulling faces)
- **Physical:** pushing, kicking, hitting, punching or any use of violence
- **Racist:** racial taunts, graffiti, gestures
- **Sexual:** unwanted physical contact or sexually abusive comments
- **Verbal:** name-calling, teasing, sarcasm, spreading rumours
- **Cyber:** being bullied by SMS or mobile phones or through the internet using e-mail, MSN, messenger, Facebook or social networking sites

### Who to report it to:

- A teacher or other trusted adult within the school
- Your parents or caregivers
- The Front Office staff, who will then direct your concerns to the appropriate person

### How to report it:

- Tell the trusted adult where the bullying happened, how often it has happened and what you have done to try and stop it

*If you feel as though you are being bullied, report it. Do not leave it too long. When bullying is ignored it may get worse.*

**At Christies Beach Primary School we respond promptly and effectively to issues of bullying**

Like all Department for Education schools, we work within the guidelines of the School Discipline Policy. A range of consequences may be used for students who bully and harass, including:

- Time spent out of the classroom or playground
- Implementation of an individualised plan in response to unacceptable behaviour of students
- The Principal can suspend and/or exclude students from school, even if the behaviour occurred outside of school hours or off site
- Police may also need to be contacted if the behaviour is considered illegal

**Prevention strategies include:**

- Using the curriculum to teach students about respectful relationships. This includes the *Keeping Safe: Child Protection Curriculum*
- Teaching students about violence prevention, conflict resolution, anger management and problem solving and developing policies which promote student safety
- Explicit teaching of our Positive Behaviour for Learning (PBL) focus behaviours
- Teaching for and about diversity and tolerance
- Wellbeing surveys conducted regularly throughout the year
- Students leaders are identified and appointed to leadership roles within the school and are provided with training to support students in the yard and report bullying
- Interest based clubs operate during recess and lunchtimes to provide safe, supervised activities for students
- Specific social skills programs for students to target skills that need development
- Interoception Room accessible for all students
- Providing professional learning for staff in collaboration with local agencies

**Intervention strategies include:**

- Counselling students who have been bullied
- Communicating with parents or caregivers about the situation
- Putting strategies and structure in place for those who bully others
- Teaching students not to be bystanders, to get involved and seek an adult to intervene if needed
- Ensuring all staff know how to address bullying effectively and respectfully

**Post-intervention strategies include:**

- Monitoring the situation between the students to ensure their safety and wellbeing are maintained
- Talking with parents or caregivers about ongoing strategies
- Reviewing our yard duty procedures to make sure they are effective
- Reviewing and evaluating behaviour codes and policies

### What can you do if your child is being bullied?

- Listen calmly to your child
- Discourage any planned retaliation, either physical or verbal
- Encourage positive strategies such as:
  - Using a strong, confident voice
  - Staying away from the place where the bullying is occurring
  - Don't react; just walk away and seek support
  - Don't show that you are scared, even though you might be
  - Tell the bully "Leave me alone" and walk away confidently
- Let your child know that talking to trusted adults and seeking help regarding the bullying or harassment is the right thing to do
- Assist your child in discussing the problem with a teacher or member of the school leadership team

### Contacts

Principal: Catherine O'Dea  
Deputy Principal: John Irwin  
Wellbeing Leader: Chloe Virgin

Phone: 8382 1511  
Email: [dl.0921.info@schools.sa.edu.au](mailto:dl.0921.info@schools.sa.edu.au)

### Helpful Resources

#### Websites

- [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- [www.parenting.sa.gov.au](http://www.parenting.sa.gov.au)
- [www.kidshelp.com.au](http://www.kidshelp.com.au)

#### Helplines

- Department for Education Parent Help Line: 1800 222 696
- Kids Help Line: 1800 551 800
- Child and Youth Health Parent Help Line: 1300 364 100

### Policy Review Date

Annually